



South African Nursing Council
(Under the provisions of the Nursing Act, 2005)

Cecilia Makiwane Building,
602 Pretorius Street, Arcadia,
Pretoria, 0083

Tel: 012 420-1000
Fax: 012 343-5400

e-mail: registrar@sanc.co.za
website: www.sanc.co.za

Private Bag X132, Pretoria, 0001
Republic of South Africa

**TEACHING GUIDE FOR THE PROGRAMME LEADING TO
ENROLMENT AS A NURSING AUXILIARY**

Regulation

R.2176

1993 Guide

Date

19/11/1993

This teaching guide MUST be read in conjunction with –

**The Philosophy and Policy
of the South African Nursing Council
with regard to
Professional Nursing Education**

PROGRAMME LEADING TO ENROLMENT AS A NURSING AUXILIARY

1. SUBJECTS AND SUBJECT CONTENT

The following are the minimum requirements of the Council with regard to subject content and shall be read in conjunction with the regulations relating to the scope of practice of persons who are registered or enrolled under the nursing Act, 1978, published under Government Notice No R. 2598 of 30 November 1984, as amended.

1.1 NURSING HISTORY AND ETHICS (10 periods)

- The interpretation and implementation of regulations governing the scope of practice and conduct of the enrolled nursing auxiliary.
- Overview of nursing history.
- Present day nursing and the place of the enrolled nursing auxiliary in the nursing team.
- Current issues influencing the nursing profession.
- The health service team (including lay health workers).
- Nursing etiquette.
- Responsibilities of the enrolled nursing auxiliary in respect of:
 - * patients
 - * co-workers
 - * employer
 - * the S A Nursing Council
- Code of ethics: The realization of ethical principles in nursing situations.

1.2 BASIC NURSING CARE (90 periods)

- The systematic approach to the implementation and recording of nursing care within the context of the nursing process.
- Essentials for meaningful daily living.
- Causes of illness and disability.

- Basic nursing skills and procedures including positive attitudes, talking, listening and observing.
- Basic nursing care of the well, ill and dying person.
- Medico-legal and safety aspects related to her practice in respect of the patient and his environment.
- Terminology and classification of medicine and medication.
- Policy and legislation in respect of medicines.
- Elementary anatomy and physiology at an applied level related to basic nursing skills and care. (20 periods)

1.3 ELEMENTARY NUTRITION (10 periods)

- Basic food constituents.
- Normal energy requirements for all age groups.
- Composition of a balanced diet for all age groups.
- Cultural and religious aspects influencing nutrition.
- The effect of illness on eating patterns.
- Prevention of nutritional deficiency diseases.
- Food hygiene.

1.4 FIRST AID (20 periods)

- General principles of all aspects of first aid.
- Accident prevention with specific emphasis on children and the aged.
- An emergency delivery and immediate care of the mother and newborn baby.
- Cardio-pulmonary resuscitation.

1.5 INTRODUCTION TO COMPREHENSIVE HEALTH CARE (50 periods)

- Introduction to the concepts primary, secondary and tertiary prevention.
- The basic elements of a comprehensive health service.
- Aspects of importance in home visits.
- Classification of micro-organisms and parasites.
- Prevention of infection, infestation and cross-infection.
- Principles of asepsis.
- Methods of sterilization, disinfection and disin-festation.
- Hygiene:
 - * personal (including dental and oral)
 - * environmental
 - * hospital
- Principles of health education and patient tea-
ching.
- Prevalent communicable diseases: recognition and
prevention of spread (including barrier nursing
care).
- Sexually transmitted diseases with specific refe-
rence to AIDS.
- Responsibility with regard to
 - * maintenance of statistical data
 - * registration of births and deaths.
- Family planning:
 - * the advantages for the mother, child, family
and community;
 - * orientation to available methods (i.e. de-
tailed knowledge is not required);
 - * local services available.

Note: All the nursing actions specified and implied above shall be taught and carried out within the parameters of the regula-tions relating to the scope of practice of the enrolled nursing auxiliary.

2. PRACTICE GUIDELINES

- 2.1 The Nursing Act (including the regulations regarding the scope of practice and the conduct of enrolled nursing auxiliaries) and other statutory and common law applicable to nursing, shall be taught at an applied level throughout the training.

The importance of reading and understanding legislation relevant to her practice shall be stressed, as well as the necessity to practise accordingly.

- 2.2 The co-operation of the enrolled nursing auxiliary with other members of the nursing profession, with the medical profession and with co-workers in other professional disciplines and in the community, in the team approach to patient care must be emphasized throughout.

- 2.3 Clinical training shall extend over at least 1 000 hours and afford learning opportunities in the practical situation which are appropriate to the content of the curriculum. This can take place in the primary and/or secondary and/or tertiary service situation(s).

- 2.4 Health education shall be emphasized and integrated throughout the entire programme.

- 2.5 Teaching shall be directed at enabling the pupil to acquire competencies with regard to:

- 2.5.1 Respect for patients

- basic competencies in communication and interpersonal skills.

- 2.5.2 Supporting and promoting patients' rights in care

- basic values including supporting patients in exercising freedom of choice, their rights and their beliefs.

- 2.5.3 Assisting patients to achieve emotional stability

- help and support patients so that their stress is minimised and so they can rest and relax.

- 2.5.4 Contributing to the care of a deceased person

- the preparation and transfer of a deceased person.

- 2.5.5 Contributing to the optimal delivery of care
- basic task management and health promotion.
- 2.5.6 Supporting the patient and assisting the professional during activity programmes
- assist with specific activity programmes for patient development.
- 2.5.7 Supporting the patient and assisting the nurse during clinical investigation and treatment programmes
- work alongside the nurse, or under her indirect supervision.
- 2.5.8 Assisting patients to maintain and improve their mobility
- assist patients to exercise and use mobility appliances.
- 2.5.9 Assisting patients to maintain their personal hygiene and appearance
- assist patients in the maintenance of their hygiene, grooming and appearance.
- 2.5.10 Assisting patients to participate in recreational activities
- encourage patients to take an interest and be involved in recreational/play activities.
- 2.5.11 Supporting patients in developing personal identity and relationships
- support patients to develop their personal identity through living as a member of a social group, developing new friendships.
- 2.5.12 Supporting patients and carers in a home environment with regard to basic care
- assist patients and carers with the patient's return, assist in the provision of aids and support, and support the carer once the patient is at home;
 - identify patients with problems, advise, assist and refer patients as necessary.

2.5.13 Supporting patients in the management of domestic and personal resources

- assist patients who need help managing domestic or personal resources.

2.5.14 Assisting patients to make use of available services and facilities

- assist patients to access and use services and facilities, both inside and outside the client's home.

2.5.15 Assisting patients to achieve physical comfort

- assist patients who need assistance in being lifted and moved and relieve the adverse effects of pressure.

2.5.16 Assisting patients to meet their nutritional needs

- help patients who need assistance with eating and drinking.

2.5.17 Assisting patients with their nutritional intake

- assist patients on special diets or who need special help with feeding.

Acknowledgement: "Executive Report: Care Sector Consortium Health Care support Worker Project" Britain.

3. EXAMINATIONS

3.1 The examination shall consist of:

- One question paper of three hours:
 - * Nursing History and Ethics
 - * Basic Nursing Care (including anatomy and physiology)
 - * Elementary Nutrition
 - * First Aid
 - * Introduction to Comprehensive Health Care.
- A practical examination conducted by the school.

3.2 Examinations shall be conducted during the months of November, March and July and applications for admission or readmission shall be lodged with the Council on or before 7 August, 7 December and 7 April, respectively.

4. DEFINITION

- Teaching period: a structured forty minute period of direct or indirect contact initiated by the tutor/registered nurse using any adult education method.

QUALIFICATIONS OF TEACHING PERSONNEL

The minimum qualification for teaching personnel is as follows:

1. Nursing History and Ethics; Basic Nursing care; Introduction to Comprehensive Health Care:
 - * Registered nurse
2. Elementary nutrition; First Aid:
 - * Registered nurse or a suitably qualified person
3. If it is desired that instruction be given by a person holding a qualification not mentioned above, application must be made to the Council.

oorspr/guide/cr

1991-01-10

Amended: Ed Co Feb 1991

Edited April 1991

1992-02-10: Amended: Ex Co Nov 1991